

Thanks to nearly a dozen volunteers, ACORN has been collecting the price of local organic food at farmers' markets across the Maritimes this season. Below is an analysis of the prices received to date (November 5, 2012). The goal was to present a price range per product, so what you see is a minimum and maximum price. If there is only one price, then there was no range in price for that product in our data.

We hope that as farmers you will find this resource a valuable reference in determining your own prices and as consumers that you will become more knowledgeable of the organic market.

ACORN always welcomes prices from more organic sources, so if you would like to contribute your own prices or volunteer to submit a farmer's prices on their behalf, please contact [tegan@acornorganic.org](mailto:tegan@acornorganic.org).

Organic Produce Item	Unit	Price Range
Apple Cider	litre	\$2.50
Apple, Gravenstein	1/2 peck	\$5.25
Arugula	bunch	\$2.00-\$4.00
	lb	\$9.00-\$12.00
Basil	bunch	\$2.50-\$3.25
Beans	lb	\$2.00-\$7.00
Beets	bunch	\$2.00-\$4.00
	lb	\$2.00
Beets, specialty	lb	\$3.50
Beet greens	bunch	\$2.95-\$3.50
	lb	\$10.00
Blueberries	pint	\$3.25-\$4.00
Bok Choy	each	\$3.50
Broccoli	head	\$2.00-\$4.50
Brussel sprouts	lb	\$3.50
Cabbage	each	\$2.50
	lb	\$3.00
Cauliflower	head	\$3.00-\$4.50
Carrots	bunch	\$2.50-\$3.50
	lb	\$2.49-\$5.00
Carrots, baby	1/3 lb	\$1.00
Carrots, coloured	lb	\$1.50
Celery	each	\$3.00
Chard	bunch	\$2.00-\$3.50
Cilantro	bunch	\$1.50-\$2.50
Corn	cob	\$0.50
Cucumber, English	each	\$2.00-\$3.00
Cucumber, Field	each	\$0.50-\$1.50
Cucumber, Pickling	lb	\$1.95-\$2.50
Dill	bunch	\$1.00-\$2.50
Eggplant	each	\$2.00
	lb	\$2.95-\$4.00
Fennel	each	\$1.00-\$2.95
Flowers, edible	pint	\$2.50
Flowers, bouquet	each	\$10.00
Garlic	lb	\$12.00-\$14.00
Garlic, green	bunch	\$3.00
Garlic scapes	bunch	\$1.00-\$2.00
	lb	\$4.50
Gourds	each	\$0.60
Ground cherry	pint	\$3.50
Herbs	bunch	\$1.50-\$3.00
Joi choi	lb	\$4.50
Kale	bunch	\$2.00-\$3.50
Kale, baby	1/2 lb	\$3.95
Kohlrabi	each	\$1.50-\$2.50
	lb	\$3.50
Lamb's quarters	bunch	\$3.95
Leeks	bunch	\$2.50-\$3.50
Lettuce	head	\$1.50-\$3.50
Melon	each	\$3.00-\$5.00
	lb	\$1.25-\$2.50
Mint	bunch	\$1.00-\$2.25
Mustard greens	bunch	\$2.50
Onion	bunch	\$2.50-\$3.00
	each	\$0.50
	lb	\$1.50-\$1.75
Onion, green	bunch	\$1.50-\$2.50
Pac choi	each	\$2.50-\$3.00
Parsley	bunch	\$1.00-\$2.50
Parsnips	lb	\$2.50
Pears, Clapp	1/2 peck	\$5.25
Peas	lb	\$3.25-\$7.00
Peas, snow	lb	\$5.00
Peppers, hot	each	\$0.50
	lb	\$2.00-\$5.00
Peppers, sweet	pint	\$2.50
	each	\$0.75-\$1.75
	lb	\$3.00-\$7.00
Potatoes	lb	\$1.00-\$1.75
	quart	\$2.50-\$6.95
Potatoes, blue	lb	\$2.25
Plums, Burbank	quart	\$3.00
Pumpkins	each	\$4.00-\$7.00
Raab	bunch	\$3.00
Radicchio	each	\$2.50
Radishes	bunch	\$1.00-\$2.50
Raspberries	6 oz	\$4.00-\$5.00
	pint	\$5.00
Rhubarb	lb	\$3.00
Salad mix	lb	\$8.00-\$12.00
Spinach	lb	\$8.00-\$10.00
Squash, delicata	lb	\$1.50
Squash, padipans	lb	\$3.00
Squash, winter	lb	\$0.90-\$2.50
Summer savory	bunch	\$1.95
Tomatilos	pint	\$3.50
Tomatoes	lb	\$2.00-\$4.00
	quart	\$3.00-\$5.00
	pint	\$3.00-\$4.50
Tomatoes, cherry	pint	\$3.00-\$4.50
Tomatoes, grape	lb	\$3.00-\$4.50
Tomatoes, green	lb	\$2.50
Turnips	lb	\$1.75
Turnips, Salad/Hakurei	bunch	\$2.50-\$3.50
Zucchini	each	\$1.00
	lb	\$1.95-\$2.50
Zucchini, baby	pint	\$4.00